

# GYLLY BEACH

## DRINKS Alcohol served from 11am

### Soft drinks

HEALEYS CORNISH APPLE JUICE	3.50	COKE BOTTLE	3.70
HEALEYS GYM JUICE CAFFEINE	3.00	FRUIT JUICE orange, pineapple, cranberry, tomato or pink grapefruit	3.50
HEALEYS GYM JUICE HYDRATE	3.00		
HEALEYS GYM JUICE PROTEIN	3.50		
HEALEYS SPARKLING AVALADE Cornish apple, cloudy lemonade, elderflower presse, sparkling peach or ginger beer	3.50	NAVAS TONICS original, light, garden	2.85
CORNISH WATER still or sparkling	2.20 small 3.50 large	KIDS ORANGE CARTON	1.20

### Coffees

All served with a double shot of coffee

AMERICANO	3.50
LATTE	3.90
FLAT WHITE	3.90
MOCHA	3.90
CAPPUCCINO	3.90
ESPRESSO	3.00
DOUBLE ESPRESSO	3.40

ADD SYRUP caramel, hazlenut, vanilla	45p
OAT MILK	40p

### Hot chocolates

PLAIN	3.60	KIDS PLAIN	3.00
MARSH	3.80	KIDS MARSH	3.20
CREAM	3.80	KIDS CREAM	3.20
DULUXE	4.00	KIDS DULUXE	3.50

### Teapots

EVERYDAY breakfast tea, earl grey or decaf	2.80
SPECIALITY TEA mint, green, lemongrass and ginger, chamomile or berry	3.00

### Cornish cyder and beer

RATTLER ORIGINAL CYDER 5.5%	pint	5.85
RATTLER PEACH 3.4%	pint	5.85
RATTLER STRAWBERRY & LIME 3.4%	pint	5.85
RATTLER ZERO CYDER	500ml	5.00
RATTLER PINEAPPLE CYDER 3.4%	500ml	5.85
CORNISH GOLD CYDER 4.5%	pint	5.85
PROPER JOB 4.5%	pint	5.85
KOREV LAGER 4.8%	pint	6.25
TRIBUTE 4.2%	500ml	5.85

### International beer

SAN MIGUEL 5%	pint	6.25
BEAVERTOWN NECK OIL 4.3%	pint	7.00
GUINNESS 4.2%	pint	6.85
CORONA 4.5%	330ml	5.00
BIRRA MORETTI 4.6%	330ml	4.50
LUCKY SAINT 0.5%	330ml	5.50
HEINEKEN ZERO	330ml	4.50

### Cornish spirits

Served in 25ml 'single' or 50ml 'double'

#### Gin

RATTLER GIN	Healeys	4.5   8
CORNISH DRY	Tarquins	4.5   8.5
BLOOD ORANGE	Tarquins	4.5   8.5
STRAWBERRY AND LIME	Tarquins	4.5   8.5
RHUBARB AND RASPBERRY	Tarquins	4.5   8.5
FALMOUTH DRY	Loveday	4.5   9

#### Vodka

CONNIE GLAZE	Southwestern Distillery	3.5   6
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#### Brandy

CYDER BRANDY	Healeys	5.1   10.2
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#### Rum

SPICED	Twinfin	4   7.5
PINEAPPLE	Twinfin	4   7.5

#### Whiskey

HEALEYS 3 YEAR WHISKEY	Healeys	4.5   9
HEALEYS 15 YEAR WHISKEY	Healeys	17.5   35



# GYLLY BEACH

## WINES *Served in 125ml / 175ml / 250ml / by the bottle*

### White

<b>BLANCO RIOJA Azabache</b> Refreshing style with a good balance of citrus and apple	Spain	12.0 %	4.75   6.4   8.5   25
<b>PINOT GRIGIO Frunza</b> Light in body with notes of melon and peach	Romania	12.0 %	5.55   7.2   9.6   28.5
<b>CHARDONNAY Avoir La Peche</b> Expressive with a rich peachy palate	France	13.0 %	5.8   7.85   9.9   29.5
<b>VINHO VERDE Lago</b> Light effervescent style with citrus flavours	Portugal	10.0 %	5.9   7.9   10.2   30
<b>PICPOUL DE PINET Jean-luc Colombo</b> Very fresh and clean with a hint of lemon and lime	France	13.0 %	6.9   9.2   12.6   37.5
<b>SAUVIGNON BLANC The Crossings</b> Gooseberry, passionfruit and a wonderful flintiness	New Zealand	13.0 %	8.3   10.9   15.2   45
<b>ALBARIÑO Eidos de Padriñan</b> Melon, pear and apricots, silky smooth with great acidity	Spain	12.5 %	11.6   15.5   20   58
<b>LOUIS LATOUR Montagny</b> Brilliant pale-yellow colour. Its floral nose offers notes of honeysuckle and vanilla. Its ample palate reveals aromas of fresh almonds	Burgundy France	13.0 %	12.00   18.00   24.00   72.00

### Red

<b>SHIRAZ DE BORTOLI AUS Estate</b> A medium style with black fruit, spice and soft tannins	Australia	13.0 %	5.3   6.6   9   26.5
<b>MERLOT Tout un Fromage</b> Deep garnet colour with ripe plum and blackberry fruits	France	14.0 %	5.5   7.35   10   29.5
<b>MALBEC De La Terra</b> Organic Malbec delivers vibrant Mendoza fruit with real purity and balance	Argentina	13.0 %	6.7   8.8   11   31
<b>RIOJA Azabache Reserva</b> Full bodied with ripe fruit laced with vanilla, chocolate and leather flavouring	Spain	14.0 %	8   10.5   14.5   43
<b>CHATEAU DE BARBE BLANCHE</b> Barrel ageing softens the wine and its tannins to a velvety touch in the mouth, while bringing tantalising hints of oak to an already complex wine	France	14.5 %	10.4   15.55   20.75   61

### Rose

<b>PINOT GRIGIO ROSATO Laroma</b> Fresh apples with a soft fruity finish	Italy	11.0 %	5.4   7.35   9.65   28.5
<b>CRAZY TROPEZ</b> Very fun with a wonderful fruit finish	France	13.0 %	6.9   8.95   11.6   34
<b>WHISPERING ANGEL</b> Wonderfully dry with spice and herbs	France	13.0 %	11   14   19   54

### Bubbles *Served in 125ml / by the bottle*

<b>TRESOR CLASSIC CUVÉE Healeys</b> 100% Cornish, single-estate grapes, expertly grown and lovingly handpicked from the Healey's vineyard in Truro	Cornwall	12.0 %	8.50   45.00
<b>PROSECCO Borgo SanLeo</b> Delightfully fresh with an appley palate and a hint of almond	Italy	10.5 %	6.9   34
<b>PROSECCO ROSÉ Ca'bolani</b> Refreshing, with crisp apple and red berry fruits	Italy	11.0 %	7.3   36

### Spritz cocktails

<b>APEROL SPRITZ</b> Aperol Aperitivo The classic suns out cocktail	12.00	<b>THE HUGO SPRITZ</b> Connie Glaze elderflower liqueur A glass of Cornish sunshine	13.00
<b>LEMONCELLO SPRITZ</b> Connie Glaze lemon sherbert liqueur A dazzling citrus aperitivo	13.00	<b>PALOMA SPRITZ</b> Connie Glaze pink grapefruit liqueur A zesty, zippy and juicy spritz	13.00

All of our spritzes are made with 50ml liqueur and 125ml sparkling wine over ice, topped with soda water and a slice

### TRESOR WINTER HARVEST Cornish apple dessert wine

More than just a dessert wine, it's a testament to creative winemaking. A balance of tradition and experimentation, carefully aged to perfection.

6 | 50ML | 12.0 %

